



## Family Hub

# Summer Term 2021 Timetable

### Come and Ask sessions

Our FSW team will continue to hold Come and Ask sessions fortnightly during the summer term. One-hour appointment slots are available every other Thursday morning between 9:00am and 1:30pm. All appointments are booked via Eventbrite using the below link.

**Booking:** <https://www.eventbrite.co.uk/e/kite-fsw-come-ask-summer-term-2021-tickets-151652184767>

#### Dates for sessions are:

- Thursday 29<sup>th</sup> April 2021
- Thursday 13<sup>th</sup> May 2021
- Thursday 27<sup>th</sup> May 2021
- Thursday 17<sup>th</sup> June 2021
- Thursday 1<sup>st</sup> July 2021
- Thursday 15<sup>th</sup> July 2021

If you would like to attend a Come and Ask session but are unable to do so on a Thursday morning, please contact [fsw@kite.academy](mailto:fsw@kite.academy).

### Parent/carer workshop

#### *Transition - supporting children to prepare for transitions*

This session will support parents and carers to consider how they can support their children to prepare for important transitions. Practical strategies will be focused on preparing for transitions (i.e. moving to a new year group or school) but will be transferable to other changes and periods of transition children may face.

#### Dates:

Thursday 17th June 2021 at  
9:30am – 10:30am or 7:30pm – 8:30pm

**Booking:** <https://www.eventbrite.co.uk/e/151625436763>

*These will be a virtual session delivered via a Microsoft Live Event. You do not need a Microsoft account to be able to access the sessions.*

### Family Links Nurturing Programme

The Nurturing Programme is a 10-week parenting course that looks at family life in a thoughtful and fun way. It helps support positive behaviour in children and goes much further than that by looking at the emotional needs behind our children's behaviour.

#### The Nurturing Programme benefits both children and parents by:

- improving mental well-being
- improving the child's behaviour
- improving family relationships
- improves the child's long term educational and future prospects
- building self-esteem
- developing communication and social skills
- teaching positive ways to improve resolve conflict
- encouraging parents to take time for themselves

**Dates:** Starts Tuesday 27th April 2021 (for 10 weeks, excluding Tues 1st June)

**Time:** 9:30am – 11:00am

**Venue:** This will be held virtually - via Microsoft Teams (you do not need to have a Microsoft account)

**Booking:** <https://www.eventbrite.co.uk/e/family-links-nurturing-programme-tickets-147938117893>

### Virtual Coffee Mornings

Our virtual coffee mornings are an opportunity for you to pop in and have a chat to other local parents and carers, whilst enjoying a cuppa in the comfort of your own home. This is an opportunity to share and ask for advice on parenting issues or to just simply have a chat and see a friendly face. Staff from the Kite Family Hub will also be available to talk to.

To join the meeting, please use the below link on the relevant day and time. This will take you directly to the Microsoft Teams meeting. Initially, you will join a lobby and a member of the KFH team will admit you into the virtual coffee morning.

Thursday 6<sup>th</sup> May - [Click here to join the meeting](#)

Thursday 20<sup>th</sup> May - [Click here to join the meeting](#)

Thursday 24<sup>th</sup> June - [Click here to join the meeting](#)

Thursday 8<sup>th</sup> July - [Click here to join the meeting](#)